

# **Clinical Practice Guidelines**

## **Hypertension**

To facilitate effective and efficient treatment of hypertension for our members, the MDwise Medical Advisory Committee has approved and provided links to clinical health guidelines available to providers as a quick reference for diagnosis and treatment. These recommendations are published by accredited professional health organizations such as the JNC, the ACC and the AHA.

These are only guidelines and are based on the best available information at the time of research. These may not be “all inclusive” as new medications and treatments evolve. These links are updated by MDwise at least biannually and as national guidelines are updated.

MDwise Clinical Practice Guidelines provide this information to help our providers utilize nationally recognized best practices for standards of treatment and give providers a powerful tool in educating our members.

Links to recommendations and other helpful MDwise provider resources are provided:

**JNC/ AHA/ACC Guidelines for the management of High Blood Pressure.**  
**ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults**  
[2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines | Circulation \(ahajournals.org\)](#)

**MDwise Pharmacy Resources**  
[www.mdwise.org/for-providers/pharmacy-resources](http://www.mdwise.org/for-providers/pharmacy-resources)